



**Northern West Virginia  
Rural Health Education Center**  
Dedicated to Community Health

## Region 2

Calhoun, Doddridge, Gilmer, Pleasants, Ritchie, Tyler, Wirt and Wood

Quarterly Report  
January – March 2010

### Rural Health Day

Representatives from NWVRHEC attended Rural Health Day on Monday, February 8, 2010. All 4 regions set up displays at the Capitol in the rotunda and distributed county specific information and newsletters. An official declaration acknowledging RHEP/AHEC staff was announced on both the house and senate floor.



Lew Holloway, Parr Thacker, Kathryn Greenlief, Sonnie Strader, Anna Reno and John Walters

### Winter Weather Affects Student Activities

Due to continuous snowstorms in Region 2, most scheduled student activities had to be postponed or cancelled.

The weather and forecast are looking better for the end of this quarter and Region 2 expects the completion of most of the activities that were delayed.

### Stop Spit Tobacco Grant

Although the Stop Spit Tobacco grant has been completed for some time, additional materials, supplies and “Quit The Spit” kits have arrived at Region 2’s offices. If you are a preceptor or facility that is in need of any of these items for tobacco education in your community, please contact us and arrangements will be made to get them to you.

### Current Students

#### WVU Nursing Students

Ashley Abshire  
Rachel Fulton  
Stacey Valentine

#### WVU-C NP Students

Sheena Geer  
Terri Ranson

#### WVU Medical Students

Lauren Westfall  
Ryan Wilson  
Simon Amsdell  
Anthony Tantoco

#### MU Medical Students

Korey Mitchell  
Zech Smith Richard Knapp

#### WVU-C Medical Students

William “Troy” Elkington

#### WVU-E Medical Students

Lukas Shutler

### Medical Students Develop Concussion Brochure

Third year Marshall University students, Zech Smith and Korey Mitchell, developed a brochure on Concussion education for local students, athletes and coaches. While completing their rotation, their preceptors were Dr. Morales and Dr. Suresh.

Dr. Morales suggested the topic of concussions because she thought it was an important community issue. The students had intended to do a presentation and distribute brochures during a physical education period but had to cancel due to inclement weather. The NWVRHEC office will have other students do presentations during football, wrestling and basketball season.



## Student Comments about Rural Rotation

**Physician Assistant** – *“Working with Dr. Calhoun and Joann Nutter was a great experience and thoroughly enjoyed the time they so graciously gave to teaching me.”*

**Medical** – *“Dr. Myers was an excellent preceptor. Highly recommended.”*

**Physician Assistant** – *“I think it is important to see how different providers practice. Even if it is not how you plan on doing things, it’s great to experience it and gives you a better understanding.”*

**Medical** – *“The student housing was great.”*

**Physician Assistant** – *“Absolutely I would! (recommend) Because this is a rural setting, you are blessed as a provider seeing patients of all ages and also seeing a lot of illnesses, disorders, and diseases that you wouldn’t normally see in a large city rotation where patients would go to a specialist. I very much enjoyed this rotation and all the people I worked with. All of the ladies in the offices I worked were more than welcoming. They made this month fly by! Thank you all!”*

**Medical** – *“Dr. Balasubramony involved me in every patient concerning diagnosis and treatment. This was a quality one-on-one experience and great learning experience.”*

**NWVRHEC Region  
2 looks forward to  
student rural rotation  
requests to be  
released  
April 1, 2010**



## Student Recruitment Fair Held at Marshall University

Anna Reno, Coordinator for Region 2 attended the student recruitment fair in Huntington at Marshall University on March 16, 2010. The purpose of this fair was to speak with 3<sup>rd</sup> and 4<sup>th</sup> year medical students preparing requests for rural rotations.

Ms. Reno handed out information detailing Region 2 preceptors, availability, locations, and student housing. These student’s request will be released the 1<sup>st</sup> of April, 2010.

## Rachel Fulton completes Dental Education presentation to Wirt County Kindergarten



**Region 2 Board  
Meeting  
June 7, 2010  
6:00 P.M.  
Ritchie County  
Board of  
Education Office**

**WVU 4<sup>th</sup> Year Medical Student, Lauren Westfall, Assists Joyce Morgan, School Nurse with Head Lice Checks and BMI's in Calhoun County Schools**



*NWVRHEC Coordinators, John Walters, Anna Reno, Kathryn Greenlief, and Sonnie Strader plan to visit Wheeling Jesuit University to observe the Cyber Surgeon program April 7, 2010*

**WVU 3<sup>rd</sup> Year Medical Student, Ryan Wilson, does presentation for Mended Hearts on Kidney Disease at Sistersville General Hospital**



**Margaret Novacich, with WVU Office of Rural Health visits NWVRHEC Region 2 to tag equipment for inventory**

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*"Bringing Quality Healthcare to the underserved populations"*

## WVU Nursing Student, Stacey Valentine, Prepares Nutrition Bulletin Board for Wirt County Primary/Middle School

Free CME/CEU  
Workshop

The 21<sup>st</sup> Century  
Epidemics of  
Osteoporosis and  
Vitamin D  
Deficiency

Stonewall Resort  
April 8, 2010  
10:00 am – 3:15 pm

